



SRISHTI PUBLICATION

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**Medical Education and
Practices in India**

वन्दे मातरम्

सुजलां सुफलां मलयजशीतलाम्
शस्यशामलां मातरम् ।
शुभ्रज्योत्स्नापुलकितयामिनीं
फुल्लकुसुमितद्रुमदलशोभिनीं
सुहासिनीं सुमधुर भाषिणीं
सुखदां वरदां मातरम् ॥ १ ॥ वन्दे मातरम् ।

कोटि-कोटि-कण्ठ-कल-कल-निनाद-कराले
कोटि-कोटि-भुजैर्धृत-खरकरवाले,
अबला केन मा एत बले ।
बहुबलधारिणीं नमामि तारिणीं
रिपुदलवारिणीं मातरम् ॥ २ ॥ वन्दे मातरम् ।

तुमि विद्या, तुमि धर्म
तुमि हृदि, तुमि मर्म
त्वं हि प्राणाः शरीरे
बाहुते तुमि मा शक्ति,
हृदये तुमि मा भक्ति,
तोमारई प्रतिमा गडि
मन्दिरे-मन्दिरे मातरम् ॥ ३ ॥ वन्दे मातरम् ।

त्वं हि दुर्गा दशप्रहरणधारिणी
कमला कमलदलविहारिणी
वाणी विद्यादायिनी, नमामि त्वाम्
नमामि कमलां अमलां अतुलां
सुजलां सुफलां मातरम् ॥ ४ ॥ वन्दे मातरम् ।

श्यामलां सरलां सुस्मितां भूषितां
धरणीं भरणीं मातरम् ॥ ५ ॥ वन्दे मातरम् ॥

Introduction:

Idea : Rajan Vasu Nair
Written by : Harvinder Kaur Soora
Edited by : Sukhwinder Kashyap

Request to All the Readers

This book is a mission to the mankind. We request to every reader not to copy or take Xerox of this book because 50 percent of profit of this book will go to the recover the loss due to humans to the nature. One book is for one family if other family wants he should purchase and read and contribute to this mission.

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Doctor is a word, when heard by anyone can immediately develop respect in the heart. It is the noblest profession in all the professions available throughout the world. Doctor is considered as a highly responsible person because he can save a life of human being, when the patient is in critical condition. The doctor can be just for checking fever and to giving medicines or a surgeon, who performs operations on the patient to make them out from danger or from the illness.

Doctors have the highest responsibilities over the life of the patient. There are many critical situations, when doctor play the most important role in saving life of the patient. It is the most demanding profession throughout the globe. The profession is just of helping the community, rather than what you can get from the community.

Medical colleges in India receive more than 200,000 applications each year and admit approximately 2,500 students annually. Several medical colleges in India are recognized by the Medical Council of India and provide world-class programs that prepare doctors to thrive in a highly competitive field. However, India still remains a country that struggles with corruption and the provision of inadequate educational programming.

The south Indian states like Karnataka, Andhra Pradesh and Tamilnadu offer private medical school programs that generally practice fraudulent admission procedures that are based on the amount of money they can be bribed with and a high school diploma. In many cases the admissions committee, professors, chancellors and board members act as brokers and negotiators in the months prior to admission. Maharashtra tops as the most expensive state to pursue an MBBS course in a private medical college.

As a result of the corrupt educational practices at many colleges in India, Indian students typically seek admission to colleges in Eastern Europe where tuition to medical programs is inexpensive and offer high quality medical facilities. Teaching and educational infrastructure are considerably better in Eastern European countries as compared to India. These programs also offer higher quality teachers and more consummate learning experiences than can be found in India.

The practice of ethics has seen a definite erosion and downfall as newer ethical dilemmas confront doctors in modern times. Good ethical practice can be maintained properly by two key factors namely awareness and by a responsible accountability.

The principles and practice of medical ethics must be one of the cornerstones of medical education. All efforts must be made at providing the best medical care at the least expense. This book will provide you some hard realities of this profession and people associated with medical profession.

Regards,
Sukhwinder Kashyap

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1. The doctor's profession

HEALTH and happiness go together. Happiness is a vain dream if health is absent. The *Shruthis* (Holy Scriptures) declare that health is very basic quality for man, since without it he cannot realise any of the four goals of life, right doing, right desiring, right earning and final release. A sound mind needs a sound body; the one reacts on the other. The world is supposed to be only the projection of the mind, when the mind is inoperative during deep sleep, the world too is inoperative and non-existent. The mind too has to be healthy. It should not be clogged by greed, envy, hate or pride. It should not be polluted and poisoned by antisocial inhuman plans and projects. It should be calm and clear, so that thought can see into its depths and get rid of the evil feelings and tendencies it evokes. Virtue is the panacea for both body and mind.

The virtuous person can be both healthy and happy. How is virtue to be cultivated? How can it express itself in daily practice? Through service to living beings, through *seva* (voluntary selfless service). Virtue must flow through the triple channel of love, mercy and detachment, in order to feed the roots of *seva*. In order to urge humans into the path of mutual sympathy, continuous compassion and concrete service, they have been endowed with the instinct of gregariousness.

Man is a social animal. Humans find solitary living, unnatural and miserable. The *Ashraamas* (monasteries) of ancient times were academics where mutual cooperation and loving service were encouraged. The pupils worked as a group, tended cattle, served the household of the *Guru* and helped one another in all respects.

God works through a doctor full of love

Doctors are, really speaking, the most important class of *sevaks*, under present conditions. Theirs is indeed a noble calling. When *seva* is rendered with love, intelligence and earnestness, it leads persons nearer and nearer to Divinity, for it draws unto itself the Grace of God.

This is the reason why the scriptures elevate the *vaidhya* (doctor) to the status of God. "*Vaidhyo Naaraayano Harih*"---"*The doctor is Naaraayana (God), He is Hari.*" He is *Hari*, the remover or destroyer, since he destroys hurdle on the path of man to *saadhana* (spiritual discipline). If the doctor is full of love and compassion, God works through him. The doctor is no longer he but it is *Naaraayana* who manipulates his fingers and dispenses through him. Doctors, therefore, have to endeavour to become the receptacles of Divine Power during their healing process. How can they heal, when they are themselves ill, either in body or mind? When their minds are innocent and contented, a smile will spontaneously shine in their faces and their words will be soft, sweet and tender---softer than any pharmaceutical balm.

The manner and mien of the physician are more effective in drawing out the latent sources of strength in the patient, than the most powerful drug. A prayerful atmosphere of humility and veneration will go a long way to help the cure. We may say that the behaviour, the voice, the mien of the doctor count for fifty per cent of the cure, the drugs and their efficacy manage the other half.

Note that the science of medicine, practised by doctors in India is known by the sacred name of *Aayurvedha*---*the science of healthy longevity* Its source too is as divine as the source of the *Vedhas!* It has to be studied with as much awe and veneration as the *Vedhas* are learnt, at the feet of the *guru*. It has to be practised with as much devotion and dedication as *Vedhic* ceremonies and recitations are fulfilled. The *Vedha* or knowledge that confers *Aayu* (longevity) is *Aayur- Vedha*. It can prolong life, preserve and protect life from hazards. The *Ayurvedha* deals not only with the curing of illness but it also deals with the prevention of disease. Absence of mental ease and equanimity leads to what we correctly call disease. One sacred duty of the doctor is to advise persons on how to preserve health and prevent disease. He has to be vigilant in society to discover and suppress every

tendency in *Aahaar* and *Vihaar* (food habits and recreational activities) by which diseases are developed. The dress worn by humans, the houses where they live and the areas where they are situated, have to be tidy and clean. The food that is taken has to supply all elements needed to keep the body strong enough to resist illness. Even if it falls short a little in this respect, health can be maintained if it is unpolluted, pure and holy.

The atmosphere breathed in, the water taken in, the ground lived on, the animals and plants that surround---all have maleficent microbes that may cause illness, if the mind and body are not equipped with powerful resistance armour. Exercise, bathing, washing, cleaning, etc., are prescribed for this purpose.

The current belief is that medicine is to be valued for its validity during illness. Its use ends with the cure. But this point of view has to change. Medicine is used to see that one does not fall ill, not so much as to raise him up when he falls, just as the purpose of truth is to so live that one is not subjected to birth again.

जन गण मन

जन गण मन अधिनायक जय हे

भारत भाग्यविधाता

पंजाब सिन्धु गुजरात मराठा

द्राविड उत्कल बंगा

विन्ध्य हिमाचल यमुना गंगा

उच्छल जलधि तरंगा

तव शुभ नामे जागे

तव शुभ आशीष मांगे

गाहे तव जयगाथा

जन गण मंगलदायक जय हे

भारत भाग्यविधाता

जय हे, जय हे, जय हे

जय जय जय जय हे!



SAVE
GIRL CHILD

THINK

a world
without us...